



Prayer awakens. Justice Impels. Compassion acts.
Thy Kingdom Come

The Monastery of St. Gertrude shares in the physical, emotional, and spiritual hardships endured by so many this past year. We eagerly desire to resume offering healing hospitality, grateful simplicity, and creative peacemaking. As caregivers, we strongly encourage all eligible people to receive a vaccination. With compassion, we acknowledge that a number of situations preclude a person from being vaccinated. Holding these realities in tension, informed by CDC, state, and local guidelines, and out of ongoing concern for the health and safety of our guests, staff, and community, the Monastery of St. Gertrude commits to the following measures in order to welcome guests back into this sacred space.

We ask all visitors to:

- Reschedule your visit if you:
 - feel sick (not limited to COVID-19 symptoms)
 - have been exposed to someone with COVID in the 14 days prior to your visit
- Wear a mask in all public areas except when eating meals or outside
- Maintain 6-feet of physical distance from others at all times
- Wash or sanitize your hands often
- Cover coughs and sneezes

The Monastery of St. Gertrude will:

- Disinfect public use areas and items regularly
- Place hand sanitizing stations throughout the buildings
- Require sisters and employees to wear masks when interacting with guests
- Assign physically distanced seats in the chapel for retreatants who wish to join us for prayer and Mass

Spirit Center will:

- Offer only single occupancy reservations unless both individuals reside at the same home address
- Designate the ground floor for private retreatants, separated from group retreatants
- Schedule only one group in the building at a time
- Require guests to initial and sign a COVID-19 Expectations Agreement upon arrival
- Offer cafeteria-style meals served by sisters at 7:00 am, 12:30 pm, and 6:00 pm
 - Servers will wear gloves and masks
 - Only the servers will touch the service items
- Request guests strip but **not** remake beds when they depart
- Thoroughly clean guest rooms between stays
- Rotate room assignments to maximize the time between use (minimum 24-hour)